



SECTION: PUPILS  
 TITLE: SCHOOL WELLNESS  
 ADOPTED: September 26, 2016  
 REVISED: March 27, 2017

<p>1. Purpose</p> <p>2. Authority          SC 1422.1          42 U.S.C.          Sec. 1758b          7 CFR          Sec. 210.31</p>	<p style="text-align: center;"><b>246. SCHOOL WELLNESS</b></p> <p>The Belle Vernon Area School District recognizes that student wellness and proper nutrition are related to students' physical well-being, growth, development and readiness to learn. The Board is committed to providing a school environment that promotes student wellness, proper nutrition, nutrition education and promotion, and regular physical activity as part of the total learning experience. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.</p> <p>The Board adopts this policy based on the recommendations of the Wellness Committee and in accordance with federal and state laws and regulations.</p> <p>To ensure the health and well-being of all students, the Board establishes that the district shall provide to students:</p>
	<ol style="list-style-type: none"> <li>1. A comprehensive nutrition program consistent with federal and state requirements.</li> <li>2. Access at reasonable cost to foods and beverages that meet established nutrition guidelines.</li> <li>3. Physical education courses and opportunities for developmentally appropriate physical activity during the school day.</li> <li>4. Curriculum and programs for grades K-12 that are designed to educate students about proper nutrition and lifelong physical activity, in accordance with State Board of Education curriculum regulations and academic standards.</li> </ol>

<p>3. Delegation of Responsibility 42 U.S.C. Sec. 1758b 7 CFR Sec. 210.31</p> <p>7 CFR Sec. 210.31</p>	<p>The Superintendent or designee shall be responsible for the implementation and oversight of this policy to ensure each of the district's schools, programs and curriculum is compliant with this policy, related policies and established guidelines or administrative regulations.</p> <p>Each building principal or designee shall annually report to the Superintendent or designee regarding compliance in his/her school.</p> <p>Staff members responsible for programs related to school wellness shall report to the Superintendent or designee regarding the status of such programs.</p> <p>{ } The Superintendent or designee shall annually report to the Board on the district's compliance with law and policies related to school wellness. The report may include:</p> <p>{ } Assessment of school environment regarding school wellness issues.</p> <p>{ } Evaluation of food services program.</p> <p>{ } Review of all foods and beverages sold in schools for compliance with established nutrition guidelines.</p> <p>{ } Listing of activities and programs conducted to promote nutrition and physical activity.</p>
<p>42 U.S.C. Sec. 1758b 7 CFR Sec. 210.31</p>	<p>{ } Recommendations for policy and/or program revisions.</p> <p>{ } Suggestions for improvement in specific areas.</p> <p>{ } Feedback received from district staff, students, parents/guardians, community members and the Wellness Committee.</p> <p>The Superintendent or designee and the established Wellness Committee shall conduct an assessment at least once every three (3) years on the contents and implementation of this policy as part of a continuous improvement process to strengthen the policy and ensure implementation. This triennial assessment shall be made available to the public in an accessible and easily understood manner and include:</p> <ol style="list-style-type: none"> <li>1. The extent to which each district school is in compliance with law and policies related to school wellness.</li> </ol>

<p>7 CFR Sec. 210.31</p> <p>42 U.S.C. Sec. 1758b 7 CFR Sec. 210.31</p>	<ol style="list-style-type: none"> <li>2. The extent to which this policy compares to model wellness policies.</li> <li>3. A description of the progress made by the district in attaining the goals of this policy.</li> </ol> <p>At least once every three (3) years, the district shall update or modify this policy as needed, based on the results of the most recent triennial assessment and/or as district and community needs and priorities change; wellness goals are met; new health science, information and technologies emerge; and new federal or state guidance or standards are issued.</p> <p>The district shall annually inform and update the public, including parents/guardians, students and others in the community, about the contents, updates and implementation of this policy via the district website, student handbooks, newsletters, posted notices and/or other efficient communication methods. This annual notification shall include information on how to access the School Wellness policy; information about the most recent triennial assessment; information on how to participate in the development, implementation and periodic review and update of the School Wellness policy; and a means of contacting Wellness Committee leadership.</p>
<p>4. Guidelines</p> <p>7 CFR Sec. 210.15, 210.31</p>	<p><u>Recordkeeping</u></p> <p>The district shall retain records documenting compliance with the requirements of the School Wellness policy, which shall include:</p> <ol style="list-style-type: none"> <li>1. The written School Wellness policy.</li> <li>2. Documentation demonstrating that the district has informed the public, on an annual basis, about the contents of the School Wellness policy and any updates to the policy.</li> <li>3. Documentation of efforts to review and update the School Wellness policy, including who is involved in the review and methods used by the district to inform the public of their ability to participate in the review.</li> <li>4. Documentation demonstrating the most recent assessment on the implementation of the School Wellness policy and notification of the assessment results to the public.</li> </ol>

<p>42 U.S.C. Sec. 1758b</p> <p>7 CFR Sec. 210.31</p> <p>SC 1422</p>	<p><u>Wellness Committee</u></p> <p>The district shall establish a Wellness Committee comprised of, but not necessarily limited to, at least one (1) of each of the following: School Board member, district administrator, district food service representative, student, parent/guardian, school health professional, physical education teacher and member of the public. It shall be the goal that committee membership will include representatives from each school building and reflect the diversity of the community.</p> <p>The Wellness Committee shall serve as an advisory committee regarding student health issues and shall be responsible for developing, implementing and periodically reviewing and updating a School Wellness policy that complies with law to recommend to the Board for adoption.</p> <p>The Wellness Committee shall review and consider evidence-based strategies and techniques in establishing goals for nutrition education and promotion, physical activity and other school based activities that promote student wellness as part of the policy development and revision process.</p> <p>{ } <u>Advisory Health Council</u></p> <p>{ } An Advisory Health Council may be established by the Superintendent to study student health issues and to assist in organizing follow-up programs.</p> <p>{ } The Advisory Health Council may examine related research, assess student needs and the current school environment, review existing Board policies and administrative regulations, and raise awareness about student health issues.</p>
<p>SC 1422</p>	<p>{ } The Advisory Health Council may make policy recommendations to the Board related to other health issues necessary to promote student wellness.</p> <p>{ } The Advisory Health Council may survey parents/guardians and/or students; conduct community forums or focus groups; collaborate with appropriate community agencies and organizations; and engage in similar activities, within the budget established for these purposes.</p> <p>{ } The Advisory Health Council shall provide periodic reports to the Superintendent or designee regarding the status of its work, as required.</p> <p>Individuals who conduct student medical and dental examinations shall submit to the Advisory Health Council annual reports and later reports on the remedial work accomplished during the year, as required by law.</p>

<p>SC 1513 Pol. 102, 105</p>	<p><u>Nutrition Education</u></p> <p>Nutrition education will be provided within the sequential, comprehensive health education program in accordance with curriculum regulations and the academic standards for Health, Safety and Physical Education, and Family and Consumer Sciences.</p> <p>{ } Nutrition education in the district shall teach, model, encourage and support healthy eating by students. Promoting student health and nutrition enhances readiness for learning and increases student achievement.</p> <p>{ } Nutrition education shall provide all students with the knowledge and skills needed to lead healthy lives.</p> <p>{ } Nutrition education lessons and activities shall be age-appropriate.</p> <p>{ ) Nutrition curriculum shall teach behavior-focused skills, which may include menu planning, reading nutrition labels and media awareness.</p> <p>{ } School food service and nutrition education classes shall cooperate to create a learning laboratory.</p> <p>{ } Nutrition education shall be integrated into other subjects such as math, science, language arts and social sciences to complement but not replace academic standards based on nutrition education.</p> <p>{ } Lifelong lifestyle-balance shall be reinforced by linking nutrition education and physical activity.</p>
<p>Pol. 808</p>	<p>{ } The staff responsible for providing nutrition education shall be properly trained and prepared and shall participate in appropriate professional development. The district shall develop standards for such training and professional development.</p> <p>{ } Nutrition education shall extend beyond the school environment by engaging and involving families and the community.</p> <p>{ } _____ other.</p>

Nutrition Promotion

Nutrition promotion and education positively influence lifelong eating behaviors by using evidence-based techniques and nutrition messages, and by creating food environments that encourage healthy nutrition choices and encourage participation in school meal programs.

{ } District schools shall promote nutrition through the implementation of Farm to School activities where possible. Activities may include, but not be limited to, the initiation/maintenance of school gardens, taste-testing of local products in the cafeteria and classroom, classroom education about local agriculture and nutrition, field trips to local farms and incorporation of local foods into school meal programs.

{ } District staff shall cooperate with agencies and community organizations to provide opportunities for appropriate student projects related to nutrition.

{ } District food service personnel shall review and implement research-based, behavioral economics techniques in the cafeteria to encourage consumption of more whole grains, fruits, vegetables and legumes, and to decrease plate waste.

{ } Consistent nutrition messages shall be disseminated and displayed throughout the district, schools, classrooms, cafeterias, homes, community and media.

{ } Consistent nutrition messages shall be demonstrated by avoiding use of unhealthy food items in classroom lesson plans and school staff avoiding eating less healthy food items in front of students.

{ } District schools shall offer resources about health and nutrition to encourage parents/guardians to provide healthy meals for their children.

{ } \_\_\_\_\_ other.

Physical Activity

{ } District schools shall strive to provide opportunities for developmentally appropriate physical activity during the school day for all students.

	<p>{ } District schools shall contribute to the effort to provide students opportunities to accumulate at least sixty (60) minutes of age-appropriate physical activity daily, as recommended by the Centers for Disease Control and Prevention. Opportunities offered at school will augment physical activity outside the school environment, such as outdoor play at home, sports, etc.</p> <p>{ } Students shall participate daily in a variety of age-appropriate physical activities designed to achieve optimal health, wellness, fitness and performance benefits.</p> <p>{ } Age-appropriate physical activity opportunities, such as outdoor and indoor recess, before and after school programs, during lunch, clubs, intramurals and interscholastic athletics, shall be provided to meet the needs and interests of all students, in addition to planned physical education.</p> <p>{ } A physical and social environment that encourages safe and enjoyable activity for all students shall be maintained.</p> <p>{ } Extended periods of student inactivity, two (2) hours or more, shall be discouraged.</p> <p>{ } Physical activity breaks shall be provided for students during classroom hours.</p> <p>{ } Before and/or after-school programs shall provide developmentally appropriate physical activity for participating children.</p>
	<p>{ } District schools shall partner with parents/guardians and community members and organizations, such as YMCAs, Boys &amp; Girls Clubs, local and state parks, hospitals, etc., to institute programs that support lifelong physical activity.</p> <p>{ } Physical activity shall not be used or withheld as a form of punishment.</p> <p>{ } District schools shall promote physical activity through encouragement of walking and biking as a means of transportation to and from school.</p> <p>{ } Students and their families shall be encouraged to utilize district-owned physical activity facilities, such as playgrounds and fields, outside school hours in accordance with established district rules.</p> <p>{ } _____ other.</p>

<p>SC 1512.1 Pol. 102, 105</p>	<p><u>Physical Education</u></p> <p>A sequential physical education program consistent with curriculum regulations and Health, Safety and Physical Education academic standards shall be developed and implemented. All district students must participate in physical education.</p> <p>{ } Quality physical education instruction that promotes lifelong physical activity and provides instruction in the skills and knowledge necessary for lifelong participation shall be provided.</p> <p>{ } Physical education classes shall be the means through which all students learn, practice and are assessed on developmentally appropriate skills and knowledge necessary for lifelong, health-enhancing physical activity.</p> <p>{ } A comprehensive physical education course of study that focuses on providing students the skills, knowledge and confidence to participate in lifelong, health-enhancing physical activity shall be implemented.</p> <p>{ } A varied and comprehensive curriculum that promotes both team and individual activities and leads to students becoming and remaining physically active for a lifetime shall be provided in the physical education program.</p> <p>{ } Adequate amounts of planned instruction shall be provided in order for students to achieve the proficient level for the Health, Safety and Physical Education academic standards.</p> <p>{ } A local-assessment system shall be implemented to track student progress on the Health, Safety and Physical Education academic standards.</p> <p>{ } Students shall be moderately to vigorously active as much time as possible during a physical education class. Documented medical conditions and disabilities shall be accommodated during class.</p> <p>{ } Safe and adequate equipment, facilities and resources shall be provided for physical education courses.</p> <p>{ } Physical education shall be taught by certified health and physical education teachers.</p> <p>{ } Appropriate professional development shall be provided for physical education staff.</p>
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<p>7 CFR Sec. 210.10, 220.8</p> <p>42 U.S.C. Sec. 1751 et seq, 1773</p> <p>7 CFR Sec 210.30 Pol. 808</p>	<p>{ } Physical education classes shall have a teacher-student ratio comparable to those of other courses for safe and effective instruction.</p> <p>{ } Physical activity shall not be used or withheld solely as a form of punishment.</p> <p>{ } _____ other.</p> <p><u>Other School Based Activities</u></p> <p>Drinking water shall be available and accessible to students, without restriction and at no cost to the student, at all meal periods and throughout the school day.</p> <p>Nutrition professionals who meet hiring criteria established by the district and in compliance with federal regulations shall administer the school meals program. Professional development and continuing education shall be provided for district nutrition staff, as required by federal regulations.</p> <p>{ } District schools shall provide adequate space, as defined by the district, for eating and serving school meals.</p> <p>{ } Students shall be provided a clean and safe meal environment.</p> <p>{ } Students shall be provided adequate time to eat: ten (10) minutes sit down time for breakfast; twenty (20) minutes sit down time for lunch.</p> <p>{ } District schools shall implement alternative service models to increase school breakfast participation where possible, such as breakfast served in the classroom, “grab &amp; go breakfast” and breakfast after first period to reinforce the positive educational, behavioral and health impacts of a healthy breakfast.</p>
<p>7 CFR Sec. 210.10</p>	<p>{ } Meal periods shall be scheduled at appropriate hours, as required by federal regulations and as defined by the district.</p> <p>{ } Students shall have access to hand washing or sanitizing before meals and snacks.</p> <p>{ } Access to the food service operation shall be limited to authorized staff.</p> <p>{ } Nutrition content of school meals shall be available to students and parents/guardians.</p>

	<p>{ } Students and parents/guardians may be involved in menu selections through various means, such as taste testing and surveys.</p> <p>{ } To the extent possible, the district shall utilize available funding and outside programs to enhance student wellness.</p> <p>{ } The district shall provide appropriate training to all staff on the components of the School Wellness policy.</p> <p>{ } Goals of the School Wellness policy shall be considered in planning all school based activities.</p> <p>{ } Fundraising projects submitted for approval shall be supportive of healthy eating and student wellness.</p> <p>{ } Administrators, teachers, food service personnel, students, parents/guardians and community members shall be encouraged to serve as positive role models through district programs, communications and outreach efforts.</p> <p>{ } The district shall support the efforts of parents/guardians to provide a healthy diet and daily physical activity for children by communicating relevant information through various methods.</p> <p>{ } The district shall maintain a healthy school environment, including but not limited to indoor air quality, in accordance with the district's healthy learning environment program and applicable laws and regulations.</p>
<p>42 U.S.C. Sec. 1751 et seq, 1773 7 CFR Sec. 210.10, 220.8</p>	<p>{ } _____ other.</p> <p><u>Nutrition Guidelines for All Foods/Beverages at School</u></p> <p>All foods and beverages available in district schools during the school day shall be offered to students with consideration for promoting student health and reducing obesity.</p> <p>Foods and beverages provided through the National School Lunch or School Breakfast Programs shall comply with established federal nutrition standards.</p> <p>Foods and beverages offered or sold at school-sponsored events outside the school day, such as athletic events and dances, shall offer healthy alternatives in addition to more traditional fare.</p>

<p>7 CFR Sec. 210.11, 220.12a, 210.31</p> <p>7 CFR Sec. 210.11, 210.31</p> <p>7 CFR Sec. 210.11, 210.31</p> <p>7 CFR Sec. 210.11</p> <p>Pol. 229</p>	<p><i>Competitive Foods –</i></p> <p>Competitive foods available for sale shall meet or exceed the established federal nutrition standards (USDA Smart Snacks in School). These standards shall apply in all locations and through all services where foods and beverages are sold to students, which may include, but are not limited to: a la carte options in cafeterias, vending machines, school stores, snack carts and fundraisers.</p> <p><b>Competitive foods</b> are defined as foods and beverages offered or sold to students on school campus during the school day, which are not part of the reimbursable school breakfast or lunch.</p> <p>For purposes of this policy, <b>school campus</b> means any area of property under the jurisdiction of the school that students may access during the school day.</p> <p>For purposes of this policy, <b>school day</b> means the period from midnight before school begins until thirty (30) minutes after the end of the official school day.</p> <p>The district may impose additional restrictions on competitive foods, provided that the restrictions are not inconsistent with federal requirements.</p> <p><i>Fundraiser Exemptions –</i></p> <p>Fundraising activities held during the school day involving the sale of competitive foods shall be limited to foods that meet the Smart Snacks in School nutrition standards, unless an exemption is approved in accordance with applicable Board policy and administrative regulations.</p>
<p>7 CFR Sec. 210.11</p>	<p>The district may allow a limited number of exempt fundraisers as permitted by the Pennsylvania Department of Education each school year: up to five (5) exempt fundraisers in elementary and middle school buildings, and up to ten (10) exempt fundraisers in high school buildings. <b>Exempt fundraisers</b> are fundraisers in which competitive foods are available for sale to students that do not meet the Smart Snacks in School nutrition standards.</p> <p>The district shall establish administrative regulations to implement fundraising activities in district schools, including procedures for requesting a fundraiser exemption.</p>

	<p><i>Non-Sold Competitive Foods –</i></p> <p>Non-sold competitive foods available to students, which may include but are not limited to foods and beverages offered as rewards and incentives, at classroom parties and celebrations, or as shared classroom snacks, shall meet or exceed the standards established by the district.</p> <p>If the offered competitive foods do not meet or exceed the Smart Snacks in School nutrition standards, the following standards shall apply:</p> <p>1. Rewards and Incentives: (CHOOSE ONE OF THE OPTIONS BELOW)</p> <p>a. { } Foods and beverages shall not be used as a reward or incentive in district schools.</p> <p>b. { } Foods and beverages shall not be used as a reward for classroom or school activities unless the reward is an activity that promotes a positive nutrition message (e.g., guest chef, field trip to a farm or farmers market, etc.).</p> <p>c. { } _____ other.</p> <p>2. Classroom Parties and Celebrations: (CHOOSE ONE OR MORE OF THE OPTIONS BELOW)</p> <p>a. { } Only non-food based parties and celebrations shall occur on the school campus during the school day in district schools.</p>
	<p>b. { } Classroom parties/celebrations with food/beverages shall be limited to no more than one (1) per month in each classroom.</p> <p>c. { } Parents/Guardians shall be informed through newsletters or other efficient communication methods that foods/beverages should only be brought in when requested for scheduled parties.</p> <p>d. { } Classroom parties shall offer a minimal amount of foods (maximum 2-3 items) containing added sugar as the primary ingredient (e.g., cupcakes, cookies) and will provide the following:</p> <ul style="list-style-type: none"> <li>• Fresh fruits/vegetables; and</li> <li>• Water, 100 percent juice, 100 percent juice diluted with water, low-fat milk or nonfat milk.</li> </ul>

<p>7 CFR Sec. 210.11, 210.31</p>	<p>e. { } When possible, foods/beverages for parties and celebrations shall be provided by the food service department to help prevent food safety and allergy concerns.</p> <p>f. { } Food celebrations shall not occur until thirty (30) minutes after the end of the last lunch period.</p> <p>g. { } _____ other.</p> <p>3. Shared Classroom Snacks:</p> <p>a. { } Shared classroom snacks are not permitted in district schools.</p> <p>b. { } _____ other.</p> <p>The district shall provide a list of suggested nonfood ideas and healthy food and beverage alternatives to parents/guardians and staff, which may be posted via the district website, student handbook, newsletters, posted notices and/or other efficient communication methods.</p> <p><i>Marketing/Contracting –</i></p> <p>Any foods and beverages marketed or promoted to students on the school campus during the school day shall meet or exceed the established federal nutrition standards (USDA Smart Snacks in School) and comply with established Board policy and administrative regulations.</p>
<p>SC 504.1</p> <p>Pol. 209.1</p>	<p>Exclusive competitive food and/or beverage contracts shall be approved by the Board, in accordance with provisions of law. Existing contracts shall be reviewed and modified to the extent feasible to ensure compliance with established federal nutrition standards, including applicable marketing restrictions.</p> <p><u>Management of Food Allergies in District Schools</u></p> <p>The district shall establish Board policy and administrative regulations to address food allergy management in district schools in order to:</p> <ol style="list-style-type: none"> <li>1. Reduce and/or eliminate the likelihood of severe or potentially life-threatening allergic reactions.</li> <li>2. Ensure a rapid and effective response in case of a severe or potentially life-threatening allergic reaction.</li> </ol>

3. Protect the rights of students by providing them, through necessary accommodations when required, the opportunity to participate fully in all school programs and activities.

Safe Routes to School

{ } The district shall assess and, to the extent possible, implement improvements to make walking and biking to school safer and easier for students.

{ } The district shall cooperate with local municipalities, public safety agency, police departments and community organizations to develop and maintain safe routes to school.

{ } District administrators shall seek and utilize available federal and state funding for safe routes to school, when appropriate.

References:

School Code – 24 P.S. Sec. 504.1, 1337.1, 1422, 1422.1, 1422.3, 1512.1, 1513

National School Lunch Program – 42 U.S.C. Sec. 1751 et seq.

School Breakfast Program – 42 U.S.C. Sec. 1773

Healthy, Hunger-Free Kids Act of 2010 – P.L. 111-296

National Food Service Programs, Title 7, Code of Federal Regulations –  
7 CFR Part 210, Part 220

Board Policy – 102, 103, 103.1, 105, 209.1, 229, 808

Book	Policy Manual
Section	800 Operations
Title	Copy of Food Services
Number	808 Vol I 2017
Status	From PSBA
Legal	<u>1. 2 CFR Part 200</u> <u>2. 24 P.S. 1335</u> <u>3. 24 P.S. 1337</u> <u>4. 24 P.S. 504</u> <u>5. 24 P.S. 807.1</u> <u>6. 42 U.S.C. 1751 et seq</u> <u>7. 42 U.S.C. 1773</u> <u>8. 7 CFR Part 210</u> <u>9. 7 CFR Part 215</u> <u>10. 7 CFR Part 220</u> <b>11. FNS Instruction 113-1 (USDA)</b> <u>12. 7 CFR 210.23</u> <u>13. 42 U.S.C. 1760</u> <u>14. 7 CFR 210.14</u> <u>15. 3 Pa. C.S.A. 5713</u> <u>16. 42 U.S.C. 1758(h)</u> <u>17. 7 CFR 210.13</u> <u>18. 7 CFR 210.30</u> <hr/> <u>19. Pol. 246</u> <u>20. Pol. 610</u> <u>21. Pol. 626</u> <u>22. Pol. 827</u> <u>23. 42 U.S.C. 1758</u> <u>24. 7 CFR Part 245</u> <u>25. 7 CFR 15b.40</u> <u>26. Pol. 103.1</u> <u>27. Pol. 113</u> <u>28. Pol. 209.1</u> <u>29. 7 CFR 220.7</u> <u>30. 7 CFR 210.9</u> <u>31. 7 CFR 210.15</u> <u>P.L. 111-296</u> <u>7 CFR Part 15</u> <u>Pol. 103</u>





**Purpose**

The Board recognizes that students require adequate, nourishing food and beverages in order to grow, learn and maintain good health. The Board directs that students shall be provided with adequate space and time to eat meals during the school day.

**Authority**

The food service program shall be operated in compliance with all applicable state and federal laws and regulations, as well as federal guidelines established by the Child Nutrition Division of the United States Department of Agriculture (USDA).[\[1\]](#)[\[2\]](#)[\[3\]](#)[\[4\]](#)[\[5\]](#)[\[6\]](#)[\[7\]](#)[\[8\]](#)[\[9\]](#)[\[10\]](#)

The district shall ensure that, in the operation of the food service program, no student, staff member, or other individual shall be discriminated against on the basis of race, color, national origin, age, sex or disability.[\[11\]](#)[\[12\]](#)

Food sold by the school may be purchased by students and district employees but only for consumption on school premises. The price charged to students shall be established annually by the district in compliance with state and federal laws.[\[4\]](#)[\[13\]](#)

Nonprogram food shall be priced to generate sufficient revenues to cover the cost of such items. A **nonprogram food** shall be defined as a food or beverage, other than a reimbursable meal or snack, that is sold at the school and is purchased using funds from the child nutrition account. **Nonprogram foods** include but are not limited to adult meals and a-la-carte items. All revenue from the sale of nonprogram food shall accrue to the child nutrition program account.[\[13\]](#)[\[14\]](#)

**Delegation of Responsibility**

Operation and supervision of the food service program shall be the responsibility of the

- Superintendent.
- Business Manager.
- Food Services Director.
- Cafeteria Supervisor.

The individual responsible for the operation and supervision of the food service program shall present to the Board each month for its approval a statement of receipts and expenditures for cafeteria funds.[\[4\]](#)

Cafeterias shall be operated on a nonprofit basis. A periodic review of the cafeteria accounts shall be made by the[\[3\]](#)[\[4\]](#)

- Superintendent.
- Business Manager.
- auditor.

The individual responsible for the operation and supervision of the food service program shall ensure that school meals meet the standards required by the School Breakfast Program, the National School Lunch Program and the Special Milk Program.[\[2\]](#)[\[3\]](#)[\[4\]](#)[\[6\]](#)[\[7\]](#)[\[8\]](#)[\[9\]](#)[\[10\]](#)

The Superintendent or designee shall comply with state and federal requirements for conducting cafeteria health and safety inspections and ensuring employee participation in appropriate inspection services and training programs.[\[15\]](#)[\[16\]](#)[\[17\]](#)[\[18\]](#)

**The Superintendent or designee shall develop and disseminate administrative regulations to implement this policy.**

The Superintendent or designee shall annually notify students, parents/guardians and employees concerning the contents of this policy and applicable administrative regulations. Notification shall include information related to nondiscrimination.[11]

**Guidelines**

To reinforce the district's commitment to nutrition and student wellness, foods served in school cafeterias shall:[19]

1. Be carefully selected to contribute to students' nutritional well-being and health.
2. Meet the nutrition standards specified in law and regulations and approved by the Board.
3. Be prepared by methods that will retain nutritive quality, appeal to students, and foster lifelong healthy eating habits.
4. Be served in age-appropriate quantities, at reasonable prices.

{ } The district shall use USDA Foods for school menus available under the Child Nutrition USDA Foods Programs.

All funds derived from the operation, maintenance or sponsorship of the food service program shall be deposited in the separate cafeteria fund, in the same manner as other district funds. Such funds shall be expended in the manner approved and directed by the Board, but no amount shall be transferred from the cafeteria fund to any other account or fund; however, district advances to the food service program may be returned to the district's general fund from any surplus resulting from its operation.  
[4]

Surplus accounts shall be used only for the improvement and maintenance of the cafeteria.[4]

**Procurement**

Procurement of goods or services for the food service program shall meet the requirements of applicable law, regulations and Board policy and procedures.[20][21][22]

**Free/Reduced-Price Meals and Free Milk**

The district shall provide free and reduced-price meals and/or free milk to students in accordance with the terms and conditions of the National School Lunch Program, the School Breakfast Program and the Special Milk Program.[23][24]

**Accommodating Students With Special Dietary Needs**

The district shall make appropriate food service and/or meal accommodations to students with special dietary needs in accordance with applicable law, regulations and Board policy.[25][26][27][28]

**School Food Safety Inspections**

The district shall obtain two (2) safety inspections per year in accordance with local, state, and federal laws and regulations.[16][17][29]

The district shall post the most recent inspection report and release a copy of the report to members of the public, upon request.

**School Food Safety Program**

The district shall comply with federal requirements in developing a food safety program that enables district schools to take systematic action to prevent or minimize the risk of foodborne illness among students.[8][10][16]

The district shall maintain proper sanitation and health standards in food storage, preparation and service, in accordance with applicable state and local laws and regulations and federal food safety requirements.[17][29][30]

#### Professional Standards for Food Service Personnel

The district shall comply with the professional standards for school food service personnel who manage and operate the National School Lunch and School Breakfast Programs. For purposes of this policy, **professional standards** include hiring standards for new food service program directors and annual continuing education/training for all individuals involved in the operation and administration of school meal programs. Such professional standards shall apply to both district-operated food service programs and contracted food service programs.[6][7][18][31]

#### School Meal Charges and Accounts

**To ensure the effective operation of the district's food service program, the district establishes the following guidelines for payment of student school meals:**

1. **The district** shall assign individual accounts to each student for the purchase of meals served in school cafeterias, which ensure that the identity of each student is protected.
2. **The district** shall notify students and/or parents/guardians when the student's account reaches a **low balance**.
3. **The district shall notify students and/or parents/guardians when the student's account reaches a negative balance. The notice shall include a description of the consequences for failure to make payment.**
4. **The district shall provide students and/or parents/guardians with information on payment options and free and reduced-price meals and/or free milk.**
5. **The district may permit students to charge a meal, impose a limit on charged meals, and/or offer a reimbursable or alternate meal** when the student forgets or loses his/her money or when his/her account has insufficient funds. **Appropriate modifications to an alternate meal shall be made when required by the student's documented special dietary need.**

**This policy and any applicable procedures or administrative regulations regarding meal charges shall be communicated annually to school administrators, school food service personnel, other appropriate school staff, and contracted food service personnel.**

**The district shall provide parents/guardians with a written copy of this policy and any applicable procedures or administrative regulations at the start of each school year, when a student enrolls in school after the start of the school year, and when a parent/guardian is notified of a negative balance.**

**The district shall annually inform parents/guardians, students and staff about the contents of this policy and any applicable procedures via the district website, student handbooks, newsletters, posted notices and/or other efficient communication methods.**

#### ***Collection of Unpaid Meal Charges -***

**Reasonable efforts shall be made by the district to collect unpaid meal charges from parents/guardians. Efforts taken in the collection shall not have a negative impact on the**

**student involved, but shall focus primarily on the parents/guardians responsible for providing funds for meal purchases.**

**NOTES:**

When a district contracts for food services, use master as-is except delete the paragraphs under Guidelines starting with "Surplus accounts..." and "All funds derived..."

Summer Food Service – 42 U.S.C. Sec. 1751 et seq  
7 CFR Part 225

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Payment of School Meal Accounts.doc (44 KB)

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Book	Policy Manual
Section	200 Pupils
Title	School Wellness
Number	246 Vol I 2017
Status	From PSBA
Legal	<u>1. 24 P.S. 1422.1</u> <u>2. 42 U.S.C. 1758b</u> <u>3. 7 CFR 210.31</u> <u>4. 7 CFR 210.15</u> <u>5. 24 P.S. 1422</u> <u>6. 24 P.S. 1513</u> 7. Pol. 102 8. Pol. 105 9. Pol. 808 <u>10. 24 P.S. 1512.1</u> <u>11. 7 CFR 210.10</u> <u>12. 7 CFR 220.8</u> <u>13. 42 U.S.C. 1751 et seq</u> <u>14. 42 U.S.C. 1773</u> <u>15. 7 CFR 210.30</u> <u>16. 7 CFR 210.11</u> <u>17. 7 CFR 220.12</u> 18. Pol. 229 <u>19. 24 P.S. 504.1</u> <hr/> 20. Pol. 209.1 <u>24 P.S. 1337.1</u> <u>24 P.S. 1422.3</u> <u>P.L. 111-296</u> <u>7 CFR Part 210</u> <u>7 CFR Part 220</u> Pol. 103 Pol. 103.1

## **Purpose**

The Belle Vernon Area School District recognizes that student wellness and proper nutrition are related to students' physical well-being, growth, development and readiness to learn. The Board is committed to providing a school environment that promotes student wellness, proper nutrition, nutrition education **and promotion**, and regular physical activity as part of the total learning experience. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.



**Authority**

The Board adopts **this policy** based on the recommendations of the Wellness Committee and in accordance with federal and state laws **and regulations**.<sup>[1][2][3]</sup>

To ensure the health and well-being of all students, the Board establishes that the district shall provide to students:

1. A comprehensive nutrition program consistent with federal and state requirements.
2. Access at reasonable cost to foods and beverages that meet established nutrition guidelines.
3. Physical education courses and opportunities for developmentally appropriate physical activity during the school day.
4. Curriculum and programs for grades K-12 that are designed to educate students about proper nutrition and lifelong physical activity, in accordance with State Board of Education curriculum regulations and academic standards.

**Delegation of Responsibility**

The Superintendent or designee shall be responsible **for the implementation and oversight of this policy** to **ensure** each of the district's schools, programs and curriculum **is compliant** with this policy, related policies and established guidelines or administrative regulations.<sup>[2][3]</sup>

Each building principal or designee shall **annually** report to the Superintendent or designee regarding compliance in his/her school.<sup>[3]</sup>

Staff members responsible for programs related to **school** wellness shall report to the Superintendent or designee regarding the status of such programs.

{ } The Superintendent or designee shall annually report to the Board on the district's compliance with law and policies related to **school** wellness. The report may include:

1. { } Assessment of school environment regarding **school** wellness issues.
2. { } Evaluation of food services program.
3. { } Review of all foods and beverages sold in schools for compliance with established nutrition guidelines.
4. { } Listing of activities and programs conducted to promote nutrition and physical activity.
5. { } Recommendations for policy and/or program revisions.
6. { } Suggestions for improvement in specific areas.
7. { } Feedback received from district staff, students, parents/guardians, community members and the Wellness Committee.

The Superintendent or designee and the **established** Wellness Committee shall conduct an assessment **at least once every three (3) years** on the contents and implementation of this policy as part of a continuous improvement process to strengthen the policy and ensure implementation. **This triennial assessment shall be made available to the public in an accessible and easily understood manner and include:**<sup>[2][3]</sup>

1. The extent to which **each** district school **is** in compliance with law and policies related to **school** wellness.
2. **The extent to which this policy compares to model wellness policies.**

**3. A description of the progress made by the district in attaining the goals of this policy.**

**At least once every three (3) years, the district shall update or modify this policy as needed, based on the results of the most recent triennial assessment and/or as district and community needs and priorities change; wellness goals are met; new health science, information and technologies emerge; and new federal or state guidance or standards are issued.[3]**

The district shall **annually** inform and update the public, including parents/guardians, students, and others in the community, about the contents, **updates** and implementation of this policy **via the district website, student handbooks, newsletters, posted notices and/or other efficient communication methods. This annual notification shall include information on how to access the School Wellness policy; information about the most recent triennial assessment; information on how to participate in the development, implementation and periodic review and update of the School Wellness policy; and a means of contacting Wellness Committee leadership.[2][3]**

### **Guidelines**

#### **Recordkeeping**

**The district shall retain records documenting compliance with the requirements of the School Wellness policy, which shall include:[3][4]**

- 1. The written School Wellness policy.**
- 2. Documentation demonstrating that the district has informed the public, on an annual basis, about the contents of the School Wellness policy and any updates to the policy.**
- 3. Documentation of efforts to review and update the School Wellness policy, including who is involved in the review and methods used by the district to inform the public of their ability to participate in the review.**
- 4. Documentation demonstrating the most recent assessment on the implementation of the School Wellness policy and notification of the assessment results to the public.**

#### **Wellness Committee**

The **district** shall **establish** a Wellness Committee comprised of, **but not necessarily limited to**, at least one (1) of each of the following: School Board member, district administrator, district food service representative, student, parent/guardian, **school health professional, physical education teacher** and member of the public. **It shall be the goal that committee membership will include representatives from each school building and reflect the diversity of the community.[2]**

The Wellness Committee shall serve as an advisory committee regarding student health issues and shall be responsible for developing, implementing and periodically reviewing and updating a **School** Wellness policy that complies with law to recommend to the Board for adoption.

**The Wellness Committee shall review and consider evidence-based strategies and techniques in establishing goals for nutrition education and promotion, physical activity and other school based activities that promote student wellness as part of the policy development and revision process.[3]**

#### **{ } Advisory Health Council**

**{ } An Advisory Health Council may be established by the Superintendent to study student health issues and to assist in organizing follow-up programs.[5]**

**{ } The Advisory Health Council may examine related research, assess student needs and the current school environment, review existing Board policies and administrative regulations, and raise awareness**



about student health issues.

{ } The Advisory Health Council may make policy recommendations to the Board related to other health issues necessary to promote student wellness.

{ } The Advisory Health Council may survey parents/guardians and/or students; conduct community forums or focus groups; collaborate with appropriate community agencies and organizations; and engage in similar activities, within the budget established for these purposes.

{ } The Advisory Health Council shall provide periodic reports to the Superintendent or designee regarding the status of its work, as required.

Individuals who conduct student medical and dental examinations shall submit to the Advisory Health Council annual reports and later reports on the remedial work accomplished during the year, as required by law.[5]

Nutrition Education

Nutrition education will be provided within the sequential, comprehensive health education program in accordance with curriculum regulations and the academic standards for Health, Safety and Physical Education, and Family and Consumer Sciences.[6][7][8]

{ } Nutrition education **in the district** shall teach, **model**, encourage and support healthy eating by students. Promoting student health and nutrition enhances readiness for learning and increases student achievement.

{ } Nutrition education shall provide all students with the knowledge and skills needed to lead healthy lives.

{ } Nutrition education lessons and activities shall be age-appropriate.

{ } Nutrition curriculum shall **teach** behavior-focused **skills, which may include menu planning, reading nutrition labels and media awareness.**

{ } School food service and nutrition education classes shall cooperate to create a learning laboratory.

{ } Nutrition education shall be integrated into other subjects **such as math, science, language arts and social sciences** to complement but not replace academic standards based on nutrition education.

{ } Lifelong lifestyle balance shall be reinforced by linking nutrition education and physical activity.

{ } The staff responsible for providing nutrition education shall be properly trained and prepared and shall participate in appropriate professional development. **The district shall develop standards for such training and professional development.**[9]

{ } Nutrition education shall extend beyond the school environment by engaging and involving families and the community.

{ } \_\_\_\_\_ other.

Nutrition Promotion

**Nutrition promotion and education positively influence lifelong eating behaviors by using evidence-based techniques and nutrition messages, and by creating food environments that encourage healthy nutrition choices and encourage participation in school meal programs.**

{ } **District schools shall promote nutrition through the implementation of Farm to School activities, where possible. Activities may include, but not be limited to, the**

**initiation/maintenance of school gardens, taste-testing of local products in the cafeteria and classroom, classroom education about local agriculture and nutrition, field trips to local farms and incorporation of local foods into school meal programs.**

{ } District staff shall cooperate with agencies and community organizations to provide opportunities for appropriate student projects related to nutrition.

**{ } District food service personnel shall review and implement research-based, behavioral economics techniques in the cafeteria to encourage consumption of more whole grains, fruits, vegetables and legumes, and to decrease plate waste.**

{ } Consistent nutrition messages shall be disseminated and displayed throughout the district, schools, classrooms, cafeterias, homes, community and media.

{ } Consistent nutrition messages shall be demonstrated by avoiding use of unhealthy food items in classroom lesson plans and school staff avoiding eating less healthy food items in front of students.

{ } District schools shall **offer resources about health and nutrition** to encourage parents/guardians to provide healthy meals for their children.

{ } \_\_\_\_\_ other.

### Physical Activity

{ } District schools shall strive to provide opportunities for developmentally appropriate physical activity during the school day for all students.

{ } District schools shall contribute to the effort to provide students opportunities to accumulate at least sixty (60) minutes of age-appropriate physical activity daily, **as recommended by the Centers for Disease Control and Prevention. Opportunities offered at school will augment** physical activity outside the school environment, such as outdoor play at home, sports, etc.

{ } Students shall participate daily in a variety of age-appropriate physical activities designed to achieve optimal health, wellness, fitness and performance benefits.

{ } Age-appropriate physical activity opportunities, such as **outdoor and indoor** recess, before and after school **programs**, during lunch, clubs, intramurals and interscholastic athletics, shall be provided to meet the needs and interests of all students, in addition to planned physical education.

{ } A physical and social environment that encourages safe and enjoyable activity for all students shall be maintained.

{ } Extended periods of student inactivity, two (2) hours or more, shall be discouraged.

{ } Physical activity breaks shall be provided for students during classroom hours.

{ } **Before and/or** after-school programs shall provide developmentally appropriate physical activity for participating children.

{ } District schools shall partner with parents/guardians and community members **and organizations, such as YMCAs, Boys & Girls Clubs, local and state parks, hospitals, etc.,** to institute programs that support **lifelong** physical activity.

{ } Physical activity shall not be used **or withheld** as a form of punishment.

**{ } District schools shall promote physical activity through encouragement of walking and biking as a means of transportation to and from school.**

{ } Students and **their families shall be encouraged to utilize district-owned** physical activity facilities, **such as playgrounds and fields**, outside school hours **in accordance with established district rules.**

{ } \_\_\_\_\_ other.

### Physical Education

A sequential physical education program consistent with curriculum regulations and Health, Safety and Physical Education academic standards shall be developed and implemented. All district students must participate in physical education.[7][8][10]

{ } Quality physical education instruction that promotes lifelong physical activity and provides instruction in the skills and knowledge necessary for lifelong participation shall be provided.

{ } Physical education classes shall be the means through which all students learn, practice and are assessed on developmentally appropriate skills and knowledge necessary for lifelong, health-enhancing physical activity.

{ } A comprehensive physical education course of study that focuses on providing students the skills, knowledge and confidence to participate in lifelong, health-enhancing physical activity shall be implemented.

{ } A varied and comprehensive curriculum that **promotes both team and individual activities and** leads to students becoming and remaining physically active for a lifetime shall be provided in the physical education program.

{ } Adequate amounts of planned instruction shall be provided in order for students to achieve the proficient level for the Health, Safety and Physical Education academic standards.

{ } A local assessment system shall be implemented to track student progress on the Health, Safety and Physical Education academic standards.

{ } Students shall be moderately to vigorously active as much time as possible during a physical education class. Documented medical conditions and disabilities shall be accommodated during class.

{ } Safe and adequate equipment, facilities and resources shall be provided for physical education courses.

{ } Physical education shall be taught by certified health and physical education teachers.

{ } Appropriate professional development shall be provided for physical education staff.

{ } Physical education classes shall have a teacher-student ratio comparable to those of other courses **or safe and effective instruction.**

{ } Physical activity shall not be used **or withheld solely** as a form of punishment.

{ } \_\_\_\_\_ other.

### Other School Based Activities

Drinking water shall be available and accessible to students, without restriction and at no cost to the student, at all meal periods and throughout the school day.[11][12]

**Nutrition professionals who meet hiring criteria established by the district and in compliance with federal regulations shall administer the school meals program. Professional development and continuing education shall be provided for district nutrition staff, as required by federal regulations.**[9][13][14][15]

{ } District schools shall provide adequate space, as defined by the district, for eating and serving school meals.

{ } Students shall be provided a clean and safe meal environment.

{ } Students shall be provided adequate time to eat: ten (10) minutes sit down time for breakfast; twenty (20) minutes sit down time for lunch.

**{ } District schools shall implement alternative service models to increase school breakfast participation where possible, such as breakfast served in the classroom, "grab & go breakfast" and breakfast after first period to reinforce the positive educational, behavioral and health impacts of a healthy breakfast.**

{ } Meal periods shall be scheduled at appropriate hours, **as required by federal regulations and as defined by the district.**[\[11\]](#)

{ } Students shall have access to hand washing or sanitizing before meals and snacks.

{ } Access to the food service operation shall be limited to authorized staff.

{ } Nutrition content of school meals shall be available to students and parents/guardians.

{ } Students and parents/guardians may be involved in menu selections through various means, **such as taste testing and surveys.**

{ } To the extent possible, the district shall utilize available funding and outside programs to enhance student wellness.

{ } The district shall provide appropriate training to all staff on the components of the **School Wellness** policy.

{ } Goals of the **School Wellness** policy shall be considered in planning all school based activities.

{ } Fundraising projects submitted for approval shall be supportive of healthy eating and student wellness.

{ } Administrators, teachers, food service personnel, students, parents/guardians and community members shall be encouraged to serve as positive role models through district programs, communications and outreach efforts.

{ } The district shall support the efforts of parents/guardians to provide a healthy diet and daily physical activity for children by communicating relevant information through various methods.

**{ } The district shall maintain a healthy school environment, including but not limited to indoor air quality, in accordance with the district's healthy learning environment program and applicable laws and regulations.**

{ } \_\_\_\_\_ other.

### Nutrition Guidelines for All Foods/Beverages at School

All foods **and beverages** available in district schools during the school day shall be offered to students with consideration for promoting student health and reducing obesity.

Foods **and beverages** provided through the National School Lunch or School Breakfast Programs shall comply with established federal nutrition standards.[\[11\]](#)[\[12\]](#)[\[13\]](#)[\[14\]](#)

**Foods and beverages offered or sold at school-sponsored events outside the school day, such as athletic events and dances, shall offer healthy alternatives in addition to more traditional fare.**

### ***Competitive Foods -***

Competitive foods available for sale shall meet or exceed the established federal nutrition standards (**USDA Smart Snacks in School**). These standards shall apply in all locations and through all services where foods and beverages are sold to students, which may include, but are not limited to: a la carte options in cafeterias, vending machines, school stores, snack carts and fundraisers.[3][16][17]

Competitive foods are defined as foods and beverages offered or sold to students on school campus during the school day, which are not part of the reimbursable school breakfast or lunch.

For purposes of this policy, school campus means any area of property under the jurisdiction of the school that students may access during the school day.[3][16]

For purposes of this policy, school day means the period from midnight before school begins until thirty (30) minutes after the end of the official school day.[3][16]

The district may impose additional restrictions on competitive foods, provided that the restrictions are not inconsistent with federal requirements.[16]

### ***Fundraiser Exemptions -***

Fundraising activities held during the school day involving the sale of competitive foods shall be limited to foods that meet the Smart Snacks in School nutrition standards, unless an exemption is approved in accordance with applicable Board policy and administrative regulations.[18]

The district may allow a limited number of exempt fundraisers as permitted by the Pennsylvania Department of Education each school year: up to five (5) exempt fundraisers in elementary and middle school buildings, and up to ten (10) exempt fundraisers in high school buildings. Exempt fundraisers are fundraisers in which competitive foods are available for sale to students that do not meet the Smart Snacks in School nutrition standards.[16]

The district shall establish administrative regulations to implement fundraising activities in district schools, including procedures for requesting a fundraiser exemption.

### ***Non-Sold Competitive Foods -***

Non-sold competitive foods available to students, which may include but are not limited to foods and beverages offered as rewards and incentives, at classroom parties and celebrations, or as shared classroom snacks, shall meet or exceed the standards established by the district.

If the offered competitive foods do not meet or exceed the Smart Snacks in School nutrition standards, the following standards shall apply:

#### **1. Rewards and Incentives: (CHOOSE ONE OF THE OPTIONS BELOW)**

- a. { } Foods and beverages shall not be used as a reward or incentive in district schools.
- b. { } Foods and beverages shall not be used as a reward for classroom or school activities unless the reward is an activity that promotes a positive nutrition message (e.g., guest chef, field trip to a farm or farmers market, etc.).

c. { } \_\_\_\_\_ other.

**2. Classroom Parties and Celebrations: (CHOOSE ONE OR MORE OF THE OPTIONS BELOW)**

- a. { } **Only non-food based parties and celebrations shall occur on the school campus during the school day in district schools.**
- b. { } **Classroom parties/celebrations with food/beverages shall be limited to no more than one (1) per month in each classroom.**
- c. { } **Parents/Guardians shall be informed through newsletters or other efficient communication methods that foods/beverages should only be brought in when requested for scheduled parties.**
- d. { } **Classroom parties shall offer a minimal amount of foods (maximum 2-3 items) containing added sugar as the primary ingredient (e.g., cupcakes, cookies) and will provide the following:**
- i. **Fresh fruits/vegetables; and**
  - ii. **Water, 100 percent juice, 100 percent juice diluted with water, low-fat milk or nonfat milk.**
- e. { } **When possible, foods/beverages for parties and celebrations shall be provided by the food service department to help prevent food safety and allergy concerns.**
- f. { } **Food celebrations shall not occur until thirty (30) minutes after the end of the last lunch period.**
- g. { } \_\_\_\_\_ other.

**3. Shared Classroom Snacks:**

- a. { } **Shared classroom snacks are not permitted in district schools.**
- b. { } \_\_\_\_\_ other.

**The district shall provide a list of suggested nonfood ideas and healthy food and beverage alternatives to parents/guardians and staff, which may be posted via the district website, student handbooks, newsletters, posted notices and/or other efficient communication methods.**

***Marketing/Contracting -***

**Any foods and beverages marketed or promoted to students on the school campus during the school day shall meet or exceed the established federal nutrition standards (USDA Smart Snacks in School) and comply with established Board policy and administrative regulations.[3][16]**

**Exclusive competitive food and/or beverage contracts shall be approved by the Board, in accordance with provisions of law. Existing contracts shall be reviewed and modified to the extent feasible to ensure compliance with established federal nutrition standards, including applicable marketing restrictions.[19]**

**Management of Food Allergies in District Schools**

**The district shall establish Board policy and administrative regulations to address food allergy management in district schools in order to:[20]**

1. Reduce and/or eliminate the likelihood of severe or potentially life-threatening allergic reactions.
2. Ensure a rapid and effective response in case of a severe or potentially life-threatening allergic reaction.
3. Protect the rights of students by providing them, through necessary accommodations when required, the opportunity to participate fully in all school programs and activities.

#### Safe Routes to School

{ } The district shall assess and, to the extent possible, implement improvements to make walking and biking to school safer and easier for students.

{ } The district shall cooperate with local municipalities, public safety agency, police departments and community organizations to develop and maintain safe routes to school.

{ } District administrators shall seek and utilize available federal and state funding for safe routes to school, when appropriate.

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